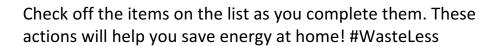
## HOME ENERGY CHECKLIST





	KITCHEN
	<ul> <li>Unplug any appliances that are not in use</li> </ul>
	<ul> <li>Use an electric kettle instead of a stove top kettle</li> </ul>
	☐ Use lids on your pots and pans
	☐ Use slow cookers when possible
	☐ Open and close the fridge door quickly
	☐ Open and close the oven door quickly
	BEDROOM
	☐ Instead of turning up the heat, put an extra blanket
	on your bed
	☐ Unplug chargers when not in use
	☐ Close the door to your closet
	CHUUI C
<b>.</b>	BATHROOM
	<ul> <li>Turn off the tap water when brushing your teeth</li> </ul>
	☐ Take short showers
<b>A</b>	LIVING ROOM
	<ul> <li>Unplug any gaming consoles when not in use</li> </ul>
	<ul> <li>Use smart power strips for your TV/AV hubs</li> </ul>
•	ALL ROOMS
	<ul> <li>Turn off the lights when they are not in use</li> </ul>
	☐ Turn off the lights when it is a sunny day
	☐ With multiple lights in a room, only use ones needed
	☐ Keep windows and doors closed
	☐ Instead of turning up the heat, put on some warm
	socks and a sweater